



# Bethanga Primary School

PRINCIPAL: Rachel Saunders

Our Purpose We provide all students from Bethanga, Bellbridge and beyond with an inspiring and responsive curriculum to promote thinking and encourage curiosity. We nurture individual talents and needs in our setting underpinned by high expectations, quality opportunities and caring personalized attention in order for our children to reach their full academic and social potential.

School Values **R**APPORT – **R**espect **A**cceptance **P**ersistence **P**ride **O**ptimism **R**esilience **T**ruth

## Term 1 Week 7 2023

Newsletter published  
Friday 17th March 2023

### Upcoming Dates

#### Week 8

Monday 20<sup>th</sup> - Friday 24<sup>th</sup>  
**NAPLAN**

#### Week 9

Monday 27<sup>th</sup> March  
**School Council Meeting & AGM**  
@ 5:45pm

Tuesday 28<sup>th</sup> March  
**Cluster Day at Bethanga**

Wednesday 29<sup>th</sup> March  
**TRP Parent session**  
6:30-7:30pm (online)

#### Week 10

Monday 3<sup>rd</sup> April  
**Playgroup 9:30-11:00am**

Thursday 6<sup>th</sup> April  
**Last Day of Term 1 -**  
**2:30pm finish**

### TERM 2

#### Week 1

Monday 24<sup>th</sup> April  
**First Day back for Term 2**

Tuesday 25<sup>th</sup>  
**ANZAC Day Public Holiday**

#### Week 2

Tuesday 2<sup>nd</sup> May  
**GRIP Student Leadership**  
**Conference 5/6 ALBURY**

#### Week 3

Tuesday 9<sup>th</sup>  
**Cluster Day - STEM Focus**  
**(Eskdale)**

Friday 5<sup>th</sup>  
**Mother's Day Stall**

## From the Principal's Pen:



As I write this, I am in Canberra about to say good-night to the second day of our Cluster 5/6 Camp. We have had an action-packed couple of days with a third to come! As I watched our kids today interact and engage with new experiences and opportunities, I reflected on some of the benefits of school camps:

1. Increased independence: Being away from home can be daunting and a little scary yet students quickly adapt, they organise their own belongings, have great self-awareness for when they are tired, when they need to drink water or when they need to push through.
2. Developing student relationships: Spending so much time together away from school allows students to get to know each other on a deeper level. The added benefit of our camp being a Cluster camp is that students make connections with kids from other schools that last through cluster days, future camps and transition to secondary school.
3. Connections: Opportunities for students to interact with teachers on a more casual level outside of the classroom and away from school increases connection and trust. Students see teachers trying new things and stepping out of their comfort zones, these connections, mutual trust and empathy last well after camp has ended.

I am so grateful that I get to have these camp experiences with our students!

**Kind Regards,**  
**Rach Saunders**



**DONATIONS**  
**NEEDED**

Tickets for our annual Easter Raffle will go home with students in Week 8 to allow families two weeks to sell tickets before they are drawn on the last day of term.

Each year we ask each student to donate an item for the raffle, the more donations we obtain, the more fabulous our hampers look and the more tickets we sell!

If families are able to donate, please send in with your child over the next couple of weeks so that hampers can be made up prior to the draw.



**Lob-a-choc**  
**CHOCOLATE**  
**DONATIONS NEEDED**

Parents, just a reminder to please return Gymkhana Availability ASAP so that a roster can be confirmed before the end of term – ideally (if everyone pitches in) you'll only need to give up an hour of your time



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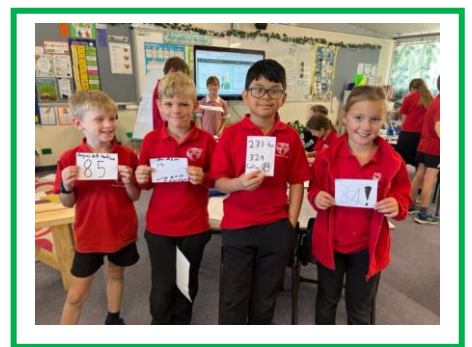


Also find us on Facebook to keep up to date.



# Millewa

**MARVELLOUS MILLEWA LOVE TO PROBLEM SOLVE!**




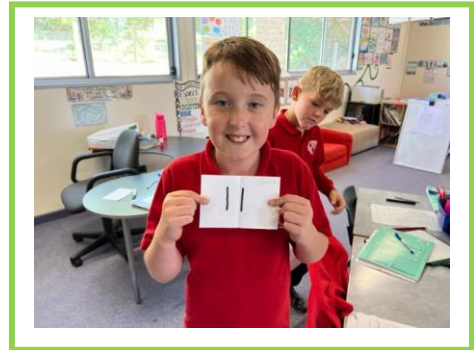
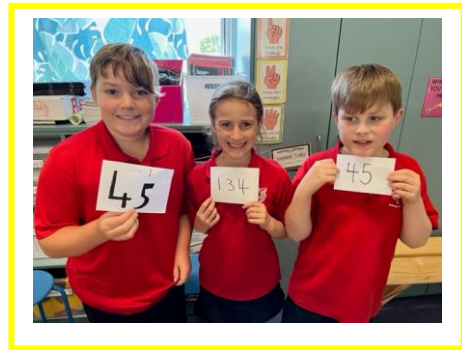
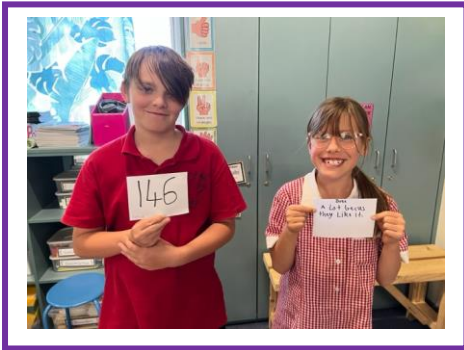
We prioritise **PROBLEM SOLVING** questions in Maths each week and encourage our students to use a variety of strategies to help them unravel the problem. Last week we had the following problem in class to try and solve. The various strategies used by students was a joy to witness. We would love your family to try and solve the problem together and see what answer you come up with! You can see the photos of the students holding up their answer to the problem. ➡  
Did you get the same answer at home?



**Maths Investigation**

How many cups of coffee do you think your teachers drink at school every week?

Think about how many teachers there are at your school, how many recess and lunch breaks they have and how often teachers might have yard duty.



## Student Achievement

Congratulations to the students who were acknowledged at Assembly this week for being active learners and making positive contributions to the Bethanga Primary School community.

**Hugo:** Congratulations Hugo! You have worked extremely hard the past four weeks during our writing lessons. You demonstrated such persistence and improvements in your narrative hot task. Keep up the great work, Hugo!

**Remi:** for her amazing efforts during Maths. Remi was able to choose a picture card and work out the number before and after it. You were a great number detective Remi, well done!

**Lucy:** for the persistence she is showing towards her counting goal. Lucy is working on counting by 10s bridging across 100s which can be very tricky. Keep up it up Lucy, you are doing so well!

**Archie:** Congratulations on the superb effort you showed during the narrative hot tasks last week. Your determination and persistence paid off! Well done, Archie! Keep trying hard with your writing tasks!

## Movie night – Regent Cinema Albury

**SAVE THE DATE**

THE VICTORIAN STATE SCHOOLS  
**SPECTACULAR**

Friday 12th May

This movie night and a corresponding Mother's Day raffle (the Movie Night is booked for the Friday night before Mother's Day) will raise funds to support our students participating in the Victorian State School Spectacular (VSS23) this year.

Further information will come out closer to the date regarding the Movie (sure to be a rom/com at that time of year!) and raffle details. POP IT ON YOUR CALENDAR NOW! Our goal will be to have a private screening (minimum of 70 tickets sold) with 100 people in attendance. Our fundraising goal is \$1,500!


## Warm it up Wednesdays

With an increasing number of students bringing in lunch to be heated or toasted, we need to remind students of the rules when coming into the Art room.

- Students must come in, take a seat, and wait to be called.
- When students are finished their lunch, they must wash up their own plate, fork or spoon.
- Students must ensure they are adhering to our school values while in the Art room.
- The noise level needs to be kept to a minimum.

**Students who are not able to follow these rules, will be required to miss out the following week.**



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# Art Returns!



So begins another exciting year of making, creating and *mistaking!* It has been lovely to see so many smiling faces in Art already this year, with our first few lessons being spent exploring some new resources and delving into the question: "What makes a successful artist at school?"

Students have been exploring the idea of 'making mistakes' in Art; coming to the conclusion that mistakes are in fact part of the artistic process and are to be expected and embraced.

Students have also been making links between Science and Art while learning about colour (thank you, Isaac Newton!) and experimenting with some new tools and techniques.

I look forward to sharing a fantastic year ahead with our budding artists!



## THE RESILIENCE PROJECT (TRP) – PARENT & COMMUNITY SESSION

Hugh Van Cuylenburg is the founder of The Resilience Project. Hugh has been working in education for over 15 years, teaching both primary and secondary in a range of educational settings. The highlight of his teaching career was the year he spent in the far north of India volunteering and living at an underprivileged school in the Himalayas. It was here that he discovered resilience in its purest form. Inspired by this experience Hugh returned to Melbourne and commenced working on his own program for schools. 'The Resilience Project' was born. Having completed his post graduate studies, looking at resilience and wellbeing, Hugh has developed and facilitated programs for over 900 schools Australia wide.

Hugh and the TRP Team are presenting a 'Discovering Resilience' Parent & Carer session (with other schools from the Towong Shire) on Wednesday 29th March from 6:30pm - 7:30pm (60 minutes) AEDT. Through his high-energy humour and captivating storytelling, Hugh will share simple, practical tips we can use every day to improve our wellbeing. The 'Discovering Resilience' presentation helps build positive mental health in schools by sharing those same evidence-based strategies being taught in the classroom, so they can be also practised at home and beyond. Attendees will also be reminded of the importance of their own wellbeing - we bring the best versions of ourselves to our family and community, when we make time to look after ourselves. Parents and Carer will need to register for the webinar using the following link: <https://us02web.zoom.us/meeting/register/tZEscu-spzMsH9YFVSHczqBYaugOi20b-fOD> I encourage all families to participate in this session.



## Parent & Community Presentation

### The Parent & Community Presentation will help you...

- **Equip yourself with simple, practical tools** to look after your own wellbeing.
- **Be informed** of the confronting mental health statistics in our country, and **understand why prevention is the key** to changing this narrative (especially for our children).
- **Learn about GEM (Gratitude, Empathy & Mindfulness)** - the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- **Feel confident** in holding positive wellbeing discussions with your family.



**The research is clear; the more positive emotion you experience, the more resilient you will be.**

For that reason, The Resilience Project focusses on three key pillars proven to cultivate positive emotion; **Gratitude**, **Empathy** and **Mindfulness (GEM)**.

[theresilienceproject.com.au](http://theresilienceproject.com.au) | (03) 9113 9302

THE  
**RESILIENCE  
PROJECT**

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# GET TO KNOW OUR COMMUNITY



Miss Sutton



What makes me a good friend?



Choc Mint

My favourite Ice cream flavour

My favourite game



Basketball

You are nice and a good teacher. Billy Bayliss

*You are so kind to all of us and full of expression and energy. Brooke*

You are cool. Bree

*You are such a great teacher. I have enjoyed having you as a teacher. Melody*

I have known you about 25 days and I really like you. You are so fun and caring. Ava

*You are the best teacher I have had. You're the best Mum. Archie*

You're a great teacher to me because you're always organised so we can get stuff done fast and efficiently. Jacob

*I think you are a funny, creative teacher and also you are amazing and have a great bucket filler day. Quinn*

I love you x 5. Hugo

*You are a great teacher. you're super funny and very nice. Olive*

You are a great teacher. Angus

*You are a kind and loving teacher. I love your personality. it's really bubbly and you are always being yourself. You are always willing to teach us anything. Ivy L*

You are a really kind teacher. Billy Blackburne

*You are a really nice teacher. You're super fun and I love when you let us do writing. Aleysha*

You are a very happy teacher and I like how you teach us Kasmin and the Greedy Dragon. Chase

*I hope to know you a little more. Hudson*

You have such a kind soul! You enrich the lives of those you touch, both children and adult alike. I hope you fill your bucket everyday. Mrs Hamam

*Thank you for just being you! You are such a kind and caring person. and we are so lucky to have you here at Bethanga with us. Jaymee*

You are a great friend to me. You make me laugh and I love spending time with you. Madonna

*Thank you for being kind to me and others. Thank you so much. Brianna*

I'm looking forward to knowing you. Olivia Barrow

*You are a great teacher to Millewa and you are very kind to Annie. Sylvie*

You are kind. Evie

*You are a very kind person to me. Ivy V*

I like how I smile at you every day. Thank you. Olivia T

*I like you because you are a great help. Jude*

You help me a lot and my friends. Remi

*You are so so so so nice. Ollie*

You are a great at teaching Millewa. You are a great teacher. Lucy

*You are very good at teaching and your name sounds like stars and space. Nick*

You are a wonderful teacher to Millewa. Everly

*I love how wonderful you are. Olivia Bryant*

You are a good teacher to Millewa. Parker

*I do not know a lot about you. but I know you are good with kids. Maggie*

You are an amazing teacher! You are so supportive! The way you explain things makes sense. I do not know what we would do without you! Thank you for being there for me, you are the best. Annie

*You are one of the best teachers I've ever had. Denver*

You have been such a wonderful addition to BPS. You are so thoughtful & care so deeply. Mrs S



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