



Bethanga Primary School

PRINCIPAL: Rachel Saunders

Our Purpose We provide all students from Bethanga, Bellbridge and beyond with an inspiring and responsive curriculum to promote thinking and encourage curiosity. We nurture individual talents and needs in our setting underpinned by high expectations, quality opportunities and caring personalized attention in order for our children to reach their full academic and social potential.

School Values **R**APPORT – **R**espect **A**cceptance **P**ersistence **P**ride **O**ptimism **R**esilience **T**ruth

Term 1 Week 10 2023

Newsletter published
Thursday 6th April 2023

Upcoming Dates

TERM 2

Week 1

Monday 24th April

First Day back Term 2

Tuesday 25th

ANZAC Day Public Holiday

ANZAC Day Service

Bethanga Memorial Hall

Friday 28th

VSSS23 Regional Rehearsal 2

Week 2

Tuesday 2nd May

**GRIP Student Leadership
Conference 5/6 ALBURY**

Wednesday 10th

**Shrek the Musical- Whole
School (Scot's Albury)**

Week 3

Tuesday 9th

**Cluster Day- STEM Focus
(Eskdale)**

Friday 12th

Mother's Day Stall

VSSS23 Movie Fundraiser Night



Happy Birthday to Olivia and Ollie who are celebrating their birthdays over the holidays.



From the Principal's Pen:

Last week there was a Parent session presented by Hugh van Cuylenburg of The Resilience Project. Hugh discussed the benefits of practising GEM (gratitude, empathy and mindfulness) to improve our Resilience and Wellbeing. Hugh offered great insight into simple ways of adopting GEM into our daily lives, these included:



1. Reflecting at the end of the day on '3 things that went well for me today'
2. Reflecting on 'What's not happening to me right now?' (The concept of putting things in to perspective – eg. I am not in a war-torn country, I am not sick, I am not financially challenged)
3. Write someone a gratitude letter (this might be a once a month or a few times a year practise)



1. Interest V Interesting (show interest in others and their life before speaking about yourself)
2. Validate first, then problem solve if necessary
3. Vocalise your compliments – let people hear them!

MINDFULNESS

1. 3x3x3 breathing (breathe in for 3 seconds, hold for 3 seconds, breathe out for 3 seconds)
2. Observe the world around you – notice 5 things you can see, 5 things you can hear and 5 things you can feel
3. Access mindfulness apps eg. Calm, Smiling Mind, Headspace, The Resilience Project

The session with Hugh went for an hour, if you can spare that time over the next week, I highly recommend accessing the recording by using the link below:

Recording.

Here is the [link](#) to the recording. **Please note that this link will expire on the 14th April**

And so, the first term of 2023 has ended! So lovely to reflect on the fabulous start we have had to the new school year. Lots of learning and growth, the extension of the tutoring program to incorporate intervention and extension, the implementation of our new Creative Arts program, a successful 5/6 camp, two great Cluster Days, Bluearth, NERSSA swimming... there was a lot! I can't wait to see what term 2 holds! I have included a term 2 planner in this newsletter for your reference.

**Kind Regards,
Rach Saunders**

Anzac Day falls on the 2nd day of Term 2. For the first time since 2019, there will be an Anzac Day service at the Bethanga Memorial Hall on this day. It would be wonderful to see students from Bethanga there in School Uniform to represent our school and pay respect to those that have and continue to serve us in the Armed Forces. The time of the service will be confirmed prior to the day.



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N is for...

In Mudgee, we use a program called Sound Waves to teach Spelling and Grammar. Sound Waves is a word study program designed to develop spelling, reading and writing skills using a phonemic approach. The phonemic approach is recognised as one of the most effective ways to teach spelling and reading skills based upon studies that have been carried out over many years. The Sound Waves phonemic approach uses a sound-to-letter strategy which acknowledges that sounds can be represented more than one way in written form. It focuses first on the basic units of sound in our language – phonemes. It then explores the letters that represent these sounds and how they can be put together to form written words (graphemes).

Sound Waves encourages students to learn to spell using the four areas of spelling knowledge:

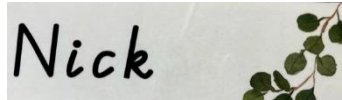
- phonological – using sound-letter relationships
- visual – using memory of the visual features of a word
- morphological – using parts of words to build word families
- etymological – using word origins and derivations.

In Mudgee we focus is on two sounds each week, one consonant sound and one vowel sound. Our consonant sound this week has been 'n' and we have engaged in a number of fun learning activities to consolidate our knowledge. Enjoy the pictures for an insight to our learning of the sound 'n'...

Nice Noodle Necklaces With lots of 'Nn' words added!



Names with 'Nn'



Nick
Brianna
Nelson
Blackbune
Tenteye



TENNIS 





Student Achievement

Congratulations to the students who were acknowledged at Assembly this week for being active learners and making positive contributions to the Bethanga Primary School community.

Brooke: Thank you for always showing positivity in all lessons. You show respect, manners and kindness every day. You are a wonderful role model in Millewa. Well done, Brooke!

Ava: for a fantastic effort in class. You are striving to do your best with all of your school work every day. Well done, Ava. Keep it up!

Denver: for excellent participation during creative arts. You have been a delight to watch, trying out all the moves you have demonstrated a great ability to move. Well done, Denver!

Olivia T: for her creativity during Dance this term. You participated so enthusiastically throughout every lesson. You are so willing and eager to perform and you have made excellent improvements in your ability to follow choreography. Well done, Liv!

Lucy: for excellent participation and enthusiasm during Dance this term. You have approached every task with energy, joy and a determination to follow the choreography. Keep it up, Lucy!

Miss Sutton: for settling in so beautifully at Bethanga Primary School! Your enthusiasm and passion for teaching is wonderful and you are such a valued member of our team. (Go Bethanga Belles!)



Aleysha: for always participating during dance lessons with such dedication. You have never ceased to trying to complete the set choreography and you have done so with eagerness and enthusiasm. Well done, Aleysha!



Mudgee: for being so excited to learn and always doing your best! You should be very proud of yourselves... We are!

Millewa: for being adaptable and positive in the face of change! You have all worked so hard this term and we are very proud of you!



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THANK YOU!

Thank you to everyone in our school community who donated prizes or bought tickets in our annual Easter Raffle - your overwhelming support resulted in us raising \$800 for our beautiful school... a truly outstanding effort from a school with 22 families!



From myself and all of the staff at Bethanga Primary, we wish you and your family a happy and safe Easter break and look forward to seeing you all again when term 2 commences on **Monday 24th April**



Our beloved school cleaner Robin has been with us at Bethanga for many years! Back in February, she commenced an amazing adventure as the owner and operator of a café! Robin has juggled cleaning the school and running a business for all of term 1 and we are so grateful for this however we really want to find someone to take over at school so that Robin isn't stretched so thin! If you think you'd be interested, please contact me ASAP. The position is for 5 hours a week (one hour a day), the position is flexible – you could do it morning, afternoon or night... the choice is yours!

BETHANGA GYMKHANA



**SPORTS & FAMILY FUN DAY
8TH APRIL 2023**

- KIOSK • BBQ • BAR • COFFEE
- HOME MADE CAKES & SLICES
- FREE KIDS GAMES • HORSE EVENTS
- DOG JUMPING COMPETITION
- LUCKY GATE PRIZES • SILENT AUCTION
- LOCAL SCHOOLS ART DISPLAY

ADULTS
\$7.00
CHILDREN
FREE



EFTPOS FACILITIES AVAILABLE



FROM 8AM TO 5PM | KIDS EVENTS FROM 10AM TO 2PM
Bethanga Recreation Reserve, Hollow Street, Bethanga, VIC 3691



Our major fundraiser for the State School Spectacular is taking place on Friday 12th May (T2 WK3). We are asking that families ask friends, neighbours, relatives to buy a ticket in support of our 9 students who will participate in the Victorian State School Spectacular alongside 3,000 other students in Melbourne in September!



The movie is inspired by the true story of 4 best friends and New England Patriots fans who take a life-changing trip to Super Bowl LI to see their hero Tom Brady play, and the chaos that ensues as they navigate the wilds of the biggest sporting event in the country.

Our goal is to fill the cinema by selling 136 tickets

Get a group of friends together and help us achieve our goal!

Please complete the order form on the back or contact the school on 60264263 (Once money has been received, tickets will be distributed)

Further enquiries please contact Rachel Saunders 0403983939

Bethanga Primary will be hosting a movie night fundraiser on

Friday 12th May 6:15pm

(at Regent Cinemas Albury)

Tickets are \$25 each

The school receives \$11.50 for every ticket sold



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Term Two 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
WEEK 1	Mon 24 th APRIL FIRST DAY TERM 2 Principal T2 Briefing	Tues 25 th ANZAC Day Students attending Service at Bethanga Memorial Hall	Wed 26 th	Thur 27 th Sporting Schools TENNIS Mudgee 11:30-12:15pm Millewa 12:15-1pm	Fri 28 th MACC VSSS23 REHEARSAL 2 10-2:30 WMYC	Sat 29 th / Sun 30 th
WEEK 2	Mon 1 st MAY PLAYGROUP 9:30-11AM	Tues 2 nd GRIP Student Leadership Conference 5/6 ALBURY	Wed 3 rd MARC	Thur 4 th Sporting Schools TENNIS Mudgee 11:30-12:15pm Millewa 12:15-1pm	Fri 5 th	Sat 6 th / Sun 7 th
WEEK 3	Mon 8 th	Tues 9 th CLUSTER DAY STEM Focus @ Eskdale	Wed 10 th SHREK the Musical @ Scots Albury	Thur 11 th	Fri 12 th MACC Mother's Day Stall VSSS23 Fundraiser MOVIE NIGHT	Sat 13 th / Sun 14 th Mother's Day
WEEK 4	Mon 15 th PLAYGROUP 9:30-11AM School Council Meeting	Tues 16 th	Wed 17 th MARC	Thur 18 th	Fri 19 th NERSSA Cross Country Yackandandah Reserve	Sat 20 th / Sun 21 st
WEEK 5 Science @ TSC	Mon 22 nd School Council Meeting	Tues 23 rd Blueearth	Wed 24 th	Thur 25 th	Fri 26 th MACC Simultaneous Storytime	Sat 27 th / Sun 28 th
WEEK 6 CLUSTER NARRATIVE WRITING	Mon 29 th PLAYGROUP 9:30-11AM Transition Day @ Tallangatta year 6/7	Tues 30 th	Wed 31 st MARC CLUSTER PRINCIPAL MEETING	Thur 1 st JUNE	Fri 2 nd CLUSTER SPORT DAY ^{Soccer (USQ)} Upper Hume Cross Country VSSS23 REHEARSAL 3 10-2:30 WMYC	Sat 3 rd / Sun 4 th
WEEK 7	Mon 5 th PRINCIPAL CONFERENCE MELBOURNE	Tues 6 th Blueearth	Wed 7 th	Thur 8 th	Fri 9 th REPORT WRITING DAY (No classes scheduled)	Sat 10 th / Sun 11 th
WEEK 8	Mon 12 th KING'S BIRTHDAY HOLIDAY	Tues 13 th F-2 Planning Day School Council Meeting	Wed 14 th 3-6 Planning Day MARC	Thur 15 th	Fri 16 th Reports go home Regional Cross Country	Sat 17 th / Sun 18 th
WEEK 9	Mon 19 th PLAYGROUP 9:30-11AM Parent Teacher Interviews	Tues 20 th Blueearth 3/4 Camp 15 Mile Creek Parent Teacher Interviews	Wed 21 st 3/4 Camp 15 Mile Creek	Thur 22 nd 3/4 Camp 15 Mile Creek	Fri 23 rd 3/4 Camp 15 Mile Creek MACC Last Day of Term finish @ 2:30pm	Sat 24 th / Sun 25 th



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GET TO KNOW OUR COMMUNITY



Melody



What makes me a good friend?



Mango

My favourite Ice cream flavour

My favourite game



Jedi

I like how you are kind to me and others. I like you. Brianna

You like kitty cats and so do I. You are so amazing. Olivia T

I like how you are a nice person. You are kind and funny. Parker

You are a great person. You are a funny person and lovely and helpful. You are very great.

You are the best. I hope you have a good bucket filler day. Everly

You are a lovely person and a great friend. Olivia Barrow

You are very funny and kind. Olly

You are a great sister. Jude

You smell good. Nick

You are very pretty and kind. Olivia Bryant

You are very friendly to me and others. Remi

I love being your neighbour to me and I love going over to your house. Lucy

You are a very kind person to me and you are great at drawing cute stuff. Sylvie

Happy Bucket Filler Day. You are so kind to me. Ivy V

I love your enthusiasm for EVERYTHING! You are so caring and kind and always make me smile. Mrs Saunders

I am very happy that we are neighbours and best friends. Have an awesome time in Tasmania. Quinn

You are so energetic and fun and a great friend and very kind. Reuben

You have such a bubbly personality! You light up the room with your bright and gorgeous smile.

Annie

You are a good friend. Denver

I love your bubbly personality and you make me smile every day. Amelia

You have a bubbly and happy personality. I love how you are always joyful. Billy Bayliss

You are always happy and your smile lights up the room. Chase

You are a good dancer and a happy kid. Bree

You are a funny friend. Angus

I like how you're kind to others. Hudson

You're a nice and helpful person. Jacob

You are so kind and I love your personality. It is so amazing that you're my neighbour. Ivy L

I love you x 80. Hugo

You're a really bubbly person and always willing to help anyone. You're so nice to everyone.

You always have a smile on your face, and you always light up the room. Aleysha

You are the best to sit next to. You are helpful and the best to share. Archie

You are so kind and energetic. You are good at sport. Brooke

You're so funny and nice. You make my day ten times better. Olive

You are such a caring person. I love your personality and I love playing with you. Ava



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