



Bethanga Primary School

PRINCIPAL: Rachel Saunders

Our Purpose We provide all students from Bethanga, Bellbridge and beyond with an inspiring and responsive curriculum to promote thinking and encourage curiosity. We nurture individual talents and needs in our setting underpinned by high expectations, quality opportunities and caring personalized attention in order for our children to reach their full academic and social potential.

School Values **R**APPORT – **R**espect **A**cceptance **P**ersistence **P**ride **O**ptimism **R**esilience **T**ruth

Term 2 Week 1 2023

Newsletter published
Thursday 27th April 2023

Upcoming Dates

Week 1

Friday 28th

VSSS23 Regional Rehearsal 2

Week 2

Monday 1st May

Playgroup 9:30-11:00

TSC Year 7 Information night

Tuesday 2nd

**GRIP Student Leadership
Conference 5/6 ALBURY**

Wednesday 3rd

MARC Van

Thursday 4th

Sporting Schools- Tennis

Week 3

Tuesday 9th

**Cluster Day- STEM Focus
(Eskdale)**

Wednesday 10th

**Shrek the Musical- Whole
School (Scot's Albury)**

Friday 12th

Mother's Day Stall

VSSS23 Movie Fundraiser Night

Week 4

Monday 15th

Playgroup 9:30-11:00

From the Principal's Pen:

I hope that all of our families have enjoyed the term break – beautiful weather, with many of our kids sharing stories with us this week about family catch ups, camping escapes and new adventures!

Our school is part of a connected community – I am so thrilled that the Gymkhana made its return this year! Students eagerly retold events of the day and were thrilled to see their art on display – congratulations to Bree and Lucy who received awards for their artistic efforts! Thank you to the parents who were able to assist on our stall in my absence.

Also returning this year was the Bethanga Community ANZAC Service. This was a beautiful service capturing the essence of ANZAC Day and paying respect to Service men and women from the past and present. Attending students represented our school beautifully singing the National Anthem and laying a wreath. Again, thank you to families that were able to be there – involvement at community events like this integrates our school as a valued contributor in our active community.

Speaking of our involvement in the community, I wish to extend my gratitude to our School Council President Kate Singline who took the time at the end of term 1 to submit an application for a 'Berringa Peninsula Community Network Grant' this application focused on our Annual Art Show and the significance of it bringing the wider community together each year. I was notified this week that the application was successful! The grant will be utilised to fund the Opening Night of the 2023 Art Show ensuring it continues to be a success not only for bringing the community together, but also in raising funds to enhance the high quality teaching and learning we offer at Bethanga Primary School.

Term two is a short term this year (only 9 weeks!) with lots of activities planned! The calendar has been updated on uEducateUs so you can see all events (scheduled so far), as usual, all of these events will be highlighted in our weekly newsletter as well.



*Kind Regards,
Rach Saunders*

VICTORIAN STATE SCHOOL SPECTACULAR 2023 MOVIE NIGHT FUNDRAISER

Just a reminder to families to please have approximate numbers of those attending the VSSS23 Movie Night Fundraiser on the 12th May, to Mrs Saunders by the end of this week.



WARM IT UP WEDNESDAYS

Due to the safety concerns with boiling water and increasing numbers of students utilising Warm it up Wednesdays, we have to ask that student NO LONGER bring 2 minute noodles in to be made here at school. Students are welcome to bring noodles in that have been pre made and only need to be heated up.



5 Beardmore Street Bethanga VIC 3691



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bethanga.ps@education.vic.gov.au



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Also find us on Facebook to keep up to date.



Millewa

MARVELLOUS MILLEWA LOVE TO COOK



ANZAC DAY
Let's We Forget

We love to LINK meaningful lessons where possible and this week we used cooking as our introduction lesson in Mathematics to our fractions and decimals lesson on our first day back!

Our students took home the recipe and their ANZAC biscuits they made to share with their families.



Anzac Biscuit Recipe

Ingredients

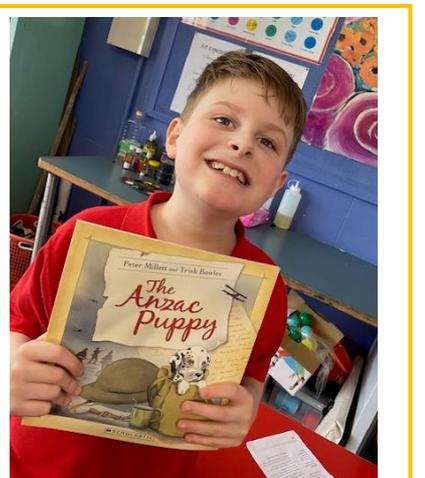
125g flour
150g sugar
125g coconut
1 cup rolled oats
100g butter
1 Tbsp golden syrup
½ tsp bicarbonate of soda
2 Tbsp boiling water

Equipment

Large mixing bowl
Small saucepan
Mug
Measuring spoons
Measuring cups
Food scale
Mixing spoon
Baking tray

Method

1. Pre-heat oven to 180°C (350°F). Set the kettle to boil.
2. Measure and mix together flour, sugar, coconut and rolled oats.
3. Melt butter and golden syrup in the small saucepan over medium-low heat, stirring slowly.
4. Dissolve the bicarbonate of soda in the boiling water in the mug.
5. Add the bicarbonate of soda and water mixture to the melted butter and golden syrup. Stir to combine.
6. Make a well in the middle of the dry ingredients and stir in the liquid.
7. Place spoonfuls of the mixture on greased trays, leaving space for biscuits to spread.
8. Bake 15-20 minutes until golden.



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Gateway Health- Term 2 Programs

Parenting information sessions - Term 2 2023



FREE 2 hour sessions - Bookings are essential

Adolescent Parenting	Raising Resilient Children (From the Triple P International)	Connecting with your kids Emotion Coaching
For parents and carers of children aged between 12 and 17 years	For parents and carers of children aged between 2 and 12 years	For parents and carers of children aged between 2 and 10 years
This session will provide information on: <ul style="list-style-type: none"> • Development of teenagers - impacts and challenges • How you can support your teenager's emotions and help them build resilience • Connecting with your teenager • Helping to problem solve • Family values 	This session will provide information on: <ul style="list-style-type: none"> • Recognising and accepting feelings • Expression of feelings • Building a positive outlook • Developing coping skills • Dealing with negative feelings • Stressful life events 	This session will provide information on: <ul style="list-style-type: none"> • Tuning into your child's emotions to help manage behaviour • Learn about emotion coaching to help your child understand and regulate emotions • Help manage meltdowns • looking at child's brain development
Wednesday 7th June 6pm to 8pm Gateway Community Health Wodonga	Monday 5th June 7pm - 9pm Via online (Link will be provided)	Friday 12th May 1pm - 3pm Orana Community Centre Springdale Heights

To book your place contact the Parenting Team on 0457 279 796 or email parenting@gatewayhealth.org.au

gatewayhealth.org.au

Connecting with your kids - Emotion coaching

For parents and carers of children aged between 2 and 12 years



This two-hour session will provide information on the following:

- Emotional intelligence and why it's important
- Children's brain development
- Tuning in to your children's emotions to help manage behaviour
- Emotion coaching – Helping children to understand and regulate their emotions
- Different styles of parenting

Location

Orana Community Centre, 40 Cardo Dr, Springdale Heights

Date and time

Friday 12th May 2023, from 1pm - 3pm

Cost

This is a free information session.

Contact us

For enquires and to register your attendance please call Orana Community Centre on 02 6025 3988

Raising Resilient Children (from the Triple P International)

For parents and carers of children aged between 2 and 10 years



This session will provide information on:

- Recognising and accepting feelings
- Expression of feelings
- Building a positive outlook
- Developing coping skills
- Dealing with negative feelings
- Stressful life events

Location	Date and Time	Cost
Online (link will be provided)	Monday 5th June 7pm to 9pm	This is a free program

Book your place

To book your place contact Gateway Health on 0457 279 796 or email parenting@gatewayhealth.org.au

Bookings are essential

gatewayhealth.org.au
Please note this information applies to Term 2 2023.

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GET TO KNOW OUR COMMUNITY



Olivia B

I am nice to people

What makes me a good friend?



Chocolate

My favourite Ice cream flavour

My favourite game



Hide and Seek Tag

I like it when you play with me. Nick

I love you because you helped me this morning. Olivia Bryant

I like how you play with me. Remi

You are so kind to me. Ivy

You are so funny and kind. Olly

I hope you have a great bucket filler day. Maggie

Thank you for inviting me to your birthday party. I like you. Brianna

You are a bright star. You shine like the sun and you light up the room. Sylvie

I love being your friend because you are so kind. Lucy

You are a good friend and you are nice to me. Parker

I love you x 264. Hugo

You are caring to others. Hudson

You are a superstar, and you re very happy. Bree

I hope you have a wonderful: week. Quinn

You are a kind and funny person. Archie

You are so smiley and bright and very kind. Reuben

You are so kind and energetic. I love the way you say hi. Brooke

You are a kind and optimistic girl. Your smile is brighter than the sun and your smile is contagious. Ivy L

You are so kind to others and you always light up the room with your amazing, cute smile. Aleysha

You have a bubbly personality. You are a joyful soul. Annie

You are a kind friend in the playground to your friends. Miss Sutton

I love your bubbly personality. Your smile brightens my day. Bill Bayliss

You are so kind to me. You are awesome. Chase

You are so kind. Angus

You are a really kind person. Billy Blackburne

You are such a caring person. you are a ray of sunshine and a very bubbly girl. Ava

I love how energetic you are. I have so much fun playing with you and your smile lights up the room. Amelia

Your bright personality lights up my day. Olive



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