



Bethanga Primary School

PRINCIPAL: Rachel Saunders

Our Purpose We provide all students from Bethanga, Bellbridge and beyond with an inspiring and responsive curriculum to promote thinking and encourage curiosity. We nurture individual talents and needs in our setting underpinned by high expectations, quality opportunities and caring personalized attention in order for our children to reach their full academic and social potential.

School Values **R**APPORT – **R**espect **A**cceptance **P**ersistence **P**ride **O**ptimism **R**esilience **T**ruth

Term 3 Week 1 2023

Newsletter published
Thursday 13th July 2023

Upcoming Dates

Week 1

Friday 14th July

Winter Sports Carnival 3-6

Week 2

Friday 21st

VSSS23 Rehearsal 10:00-2:30pm

Week 3

Wednesday 26th

National Tree Planting Day

Thursday 27th

Cluster Day Wellbeing-Tallangatta

Friday 28th

100 Day Celebration-

-Dress up Day

-Dinner & Movie Night (Mudgee)

Week 4

Friday 4th

Principal's Day

ART Show Opening Night



Happy Birthday to Melody who is celebrating her birthday this week.

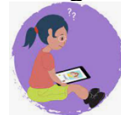


From the Principal's Pen:

What a wonderful start we have had to term 3! Students have dived right into learning. Some highlights this week have been Mrs Smith's Café in Mudgee (a wonderful hands on way for students to explore money at developmentally appropriate levels – matching coins, adding coins and even learning about change!) and Millewa students participating in hockey, netball and footy training with Talgarno in preparation for the Winter Sports Carnival on Friday. Learning Routines established in Semester 1 rolled into term 3 allowing students to transition smoothly from 'holiday mode' into 'active learner'... so great to see!

Lots of big events ahead for this term – Cluster Wellbeing Day, 100 Days of School for Mudgee and National Tree Planting Day (Week 3), our 3rd Art Show (Week 4), Athletics Carnival (Week 6) Book Week, and Somer's Camp (Week 7) and Cluster Indigenous Literacy Day and State School Spectacular (Week 9)... What a term!

We will round this week off with the Winter Sports Carnival – we invite all families to come and support our 3-6 students as they participate in either hockey (Silva Drive Wodonga), netball (Kelly Park, Lawrence Street Wodonga) or football (Wodonga Showgrounds). Additional information has gone home with students from Millewa regarding draws and logistics.



The downside of online messaging.

We explicitly teach students about cyber-bullying – targeted, repetitive, negative online behaviour. An area that is far less black and white is communication with friends online. This communication can occur through messenger (messenger kids), gaming platforms and other apps such as SnapChat or TikTok (although legally students should be 14+ before accessing these apps).

The issue with online communication is that context and expression are absent. Children can be confused by the contents of messages or feel excluded. Messaging confusion can bubble up within children, often impacting at school – distraction/lack of concentration and social issues in the yard. I'm grateful that our students feel comfortable to discuss these issues with staff who can provide support. However, I do ask that all families who have children accessing technology with messaging options, open up conversations about the importance of online communication not taking over actual face to face communication to sort issues out.

Regards, Rach Saunders



5 Beardmore Street Bethanga VIC 3691



(02) 60 264 263



(02) 60 264 386



bethanga.ps@education.vic.gov.au



www.bethanga.vic.gov.au



Also find us on Facebook to keep up to date.



Strengthening Children and Teens Against Anxiety

FREE Parent/Carer Workshops

Join renowned author and speaker Karen Young for a free workshop on anxiety in children and teens.

Anxiety is a very normal part of being human. But for as many as one in five children, it can reach intrusive levels - interfering with family life, friendships and school performance.

These transformational sessions will provide parents and carers with essential information and powerful practical strategies to help their children and teens thrive through anxiety - whether they are experiencing everyday levels of anxiety or more intrusive anxiety.

In this presentation, Karen will explore:

- a new empowering way to understand anxiety
- common ways parents might unintentionally fuel anxiety
- what to do when anxiety hits
- proven ways to calm and strengthen an anxious brain
- how to build courage and resilience
- why anxiety might look like anger or tantrums
- anxiety during adolescence - How social media, friendships, and the changes in the adolescent brain might contribute to anxiety and what parents can do.

Workshop details

Availability is initially limited to specific schools - Eligible schools are listed on Eventbrite.



Tuesday 18 July 6.30pm to 8pm
Wodonga Senior Secondary College (lecture theatre)
Scan the QR code to register

eventbrite.com.au/e/strengthening-children-and-teens-against-anxiety-tickets-629621473777

Contact

If you have any questions please contact Sarah McQualter at sarah.mcqualter@gatewayhealth.org.au or phone 02 6022 8888.

This workshop is proudly brought to you by the School-Focused Youth Service at Gateway Health.



 5 Beardmore Street Bethanga VIC 3691  02) 60 264 263  02) 60 264 386

 bethanga.ps@education.vic.gov.au  www.bethanga.vic.gov.au

 Also find us on Facebook to keep up to date.



Our 2023 Art Show is kindly supported by
Emergency Recovery Victoria



ART SHOW

Bethanga Primary School

The first weekend in August at Bethanga Memorial Hall

FRIDAY 4th AUGUST

Wine and Cheese Opening \$30 tickets available at the School

SATURDAY 5th AUGUST

Art Exhibition Open for Viewing and Sales 10am-4pm

Find us on Facebook for more information or ring the school on 60 264 263

ARTISTS: Please contact Kate Singline on 0422 725 147 to express interest in being a part of this great event!

ONLINE BOOKING



Your school has decided school photos will only be available to order online this year.

Choose your own **FREE** background



The benefits of being online...

- No need for envelopes to be returned to the school office
- No cash on school grounds or children's bags
- Easy order tracking and record keeping
- 18 different backgrounds to choose from - no additional cost

www.leadingimage.com.au

Bethanga Primary School

Access Key **49WC82J7**



INDIVIDUAL & FAMILY PHOTOS CAN BE ORDERED WITH THE SAME ACCESS KEY

To order your school photos:

- 1 Go to www.leadingimage.com.au
- 2 Click on Order Your School Photos
- 3 Select your State
- 4 Enter your Access Key

Family photographs must be ordered before 4.30pm the night before photo day.
Please ensure your orders are placed before this time.



Homework Club

Millewa parents- please note a change in day for Homework Club beginning next term.

Homework Club will now be held on Monday afternoons from 3:30-4:15pm.

If your child is attending Homework Club please email Jaymee on jaymee.twyman@education.vic.gov.au



Bethanga Hotel Meat Raffle

We will be holding a meat raffle on Friday 21st July at Bethanga Hotel to help raise money to subsidise school arranged student activities. We would love to see many of our families down at the Hotel to support our students in these extra-curricular activities. If you are able to help, tell raffle tickets on the night, please let me know.



5 Beardmore Street Bethanga VIC 3691



(02) 60 264 263



(02) 60 264 386



bethanga.ps@education.vic.gov.au



www.bethanga.vic.gov.au



Also find us on Facebook to keep up to date.



Mudgee



Learning through fun is the best way to learn! At the end of Term 2 Mudgee and Millewa spent time developing their mathematical skills through puzzles and boardgames. Number sense, problem solving, spatial awareness, not to mention team work, cooperation and good sportsmanship were all essential skills required to play together. Have you got some games at home that might help your child learn, whilst having fun with the family?



Get to know our community



Annie



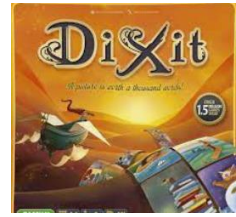
What makes me a good friend?



Strawberry & Chocolate

My favourite Ice cream flavour

My favourite game



Dixit

I think you're smile lights up the sky. Maggie

I look forward to getting to know you. Alice

You smell nice. You also look pretty. Olivia Bryant

Thank you for helping me. Remi

You have the responsibility to help the school. Nick

You care about others. Ivy

You are so nice. Jude

You are the best sister in the whole wide world. Sylvie

Thank you for being kind to the whole school. Brianna

Sylvie loves you so much. Ollie

I like dogs too. Olivia T

I love how every day you walk past me with a smile on your face and say "hello" to me. Lucy

I think you're smile lights up the world. Olivia Barrow

I love it when you sit next to me at lunch. I think it's really funny when you call me "mini me".

Everly

Happy Bucket Filler Day. I hope you have a good day! Aleysha

I love how enthusiastic you are at VSSS23 rehearsals- you always give 100%. Mrs Saunders

You're kind to Sylvie. Bree

I love you x 1264. Hugo

You are a good friend. You have an enthusiastic touch on learning. Ivy L

You are a great table buddy. Billy Blackburne

I think you are kind and caring and you have a very colourful personality. Amelia

I love your kind and compassionate personality. You are a very bubbly and creative friend and I value being your friend since foundation. Ava

You are so kind and aware of others around you. Keep it up. Brooke

You are so kind and caring. Angus

You are an energetic and nice person. Jacob

You are so nice and I'm glad you're my friend. Melody

You were good at jumping today. Good job. Hudson

You're a fun person to hang out with. Quinn

I think you're very kind and thank you for making sure Everly has someone to play with at recess. Denver

You're great at dancing and it's fun doing state school with you. Billy Bayliss

You are so kind and bright and optimistic and a good friend. Reuben

You are kind to me. You are amazing. I like how you say hello to me, and I like your attitude. Chase



5 Beardmore Street Bethanga VIC 3691



(02) 60 264 263



(02) 60



bethanga.ps@education.vic.gov.au



www.bethanga.vic.gov



Also find us on Facebook to keep up to date.